

High School Athletes

Unlock your athletic potential!

Are you a high school athlete dreaming of playing sports at the College or University level?

Whether you're aiming for a spot in the US or Canadian College or University sports programs, our information session will guide you through every step of the recruiting process.

Whether you're an aspiring athlete or supportive parent, this session is your gateway to understanding the path to collegiate athletics.

ATTEND OUR UNIVERSITY / COLLEGE RECRUITING INFORMATION SESSION

WHEN:

Nov 13, 2024
6:30-8:00pm

WHERE:

Career Catalysts
Capstone
G11-5550-45 Street,
Red Deer, AB

REGISTER ONLINE:

<https://www.careercatalysts.ca/events>
FEE: \$40.00



Team / Group Workshops available.

Email: ann.garrett@careercatalysts.ca for more information.



Teri Hunter

TNT Athletic Performance
Certified MGCP
Specializing in Baseball
& Softball



Joseph Fittes

Academic Advisor with
Career Catalysts,
former Red Deer Polytechnic
Academic Advisor



Ann Garrett

Owner Career Catalysts,
Career Development Specialist

Navigating the recruiting process

- Building a winning profile
- Effective communication
- Application insights
- Contacting coaches
- Campus visits
- Scholarships and financial aid



CAREER CATALYSTS INC.
www.careercatalysts.ca



Here's a closer look at what you'll be hearing / learning about on Nov 13th ...

Overview of the recruiting landscape - differences between US & Canadian systems. Importance of understanding both athletic and academic requirements.

> NAVIGATING THE RECRUITING PROCESS:

- Understand the key differences between NCAA, NAIA, NJCAA, U Sports and CCAA systems.
- Key dates and timelines.
- Role of coaches and scouting.

> BUILDING A WINNING PROFILE:

- Creating your resume/letter to coaches
- Developing your personal emails to send to coaches
- Creating your recruiting video.

> EFFECTIVE COMMUNICATION:

- Learn how to connect with coaches and make a good first impression.
- Be prepared for phone calls with coaches.
- Know what questions they will ask and be prepared with questions you would like to ask.

> ONLINE PRESENCE:

- Utilizing platforms like NCSA, Field Level and athletic recruiting websites.

> APPLICATION INSIGHTS:

- Discover how to research schools, plan campus visits, and apply for scholarships.

> DEALING WITH SETBACKS AND CHALLENGES

> Q & A SESSION

