

# TAMING WORRY DRAGONS

This 8-week program is designed to support children ages 5 - 8 years old as they explore and understand their feelings of anxiety, fear, and worry.

Parents are required to attend the concurrent parenting group focused on helping parents understand and support their children.

This program is not designed for children with a diagnosis.

IN  
PERSON

**WEDNESDAYS**

OCT 20 - DEC 8

6:00 - 7:30 PM

5409 - 50<sup>TH</sup> AVE.

**\$85/CHILD**

(no siblings)

Register online at

**www.fsca.ca**

For more information please call

**403 - 343 - 6400**

