

This Outreach Program is Funded By:



**Elder Abuse Information
A 24-Hour Resource
Information Line Call:
Toll Free: 1-877-454-2580**



Serving Up Memories Community Dining



Volunteer Opportunities

We are always on the lookout for amazing volunteers, specifically drivers to deliver meals from the Golden Circle to four of our Community Dining locations.

If you are interested in become a volunteer for our Community Dining Program please contact Bonnie Lewis at The Golden Circle at 403-343-6074 or visit our website to complete our volunteer application form.

Please visit our website,
www.goldencircle.ca for
detailed information about all
of our Outreach Services.

Golden Circle's Social Media



@goldencircleresourcecenter



@GoldenCircleRD



@GoldenCircleRD

Come to the Golden Circle to discover what we are all about.

Tours of the building and the grounds are available upon request. If you have any inquiries or concerns please do not hesitate to contact us.

Fall/ Winter Hours of Operation

Monday 8:30am – 8:00pm
Tuesday 8:30am – 6:30pm
Wednesday 8:30am – 4:30pm
Thursday 8:30am – 8:00pm
Friday 8:30am – 4:30pm

4620 - 47A Ave
Red Deer, AB, T4N 3R4
Phone: (403) 343-6074
Fax: (403) 343-7977

The Serving Up Memories, Community Dining Outreach Program is open to the public and promotes social inclusion, ending social isolation, and encourages positive interactions between friends, family and other members of The Golden Circle.

While actively participating in this year round program, you can look forward to social gatherings for aging adults and a nutritionally balanced meal catered by The Golden Circle, all for a wonderful value.


How The Program Works

Whether completing your daily list of things to do, or training for a marathon, being in good physical and mental health is key to your personal success.

The Golden Circle's Community Dining Outreach Program supports and positively impacts aging adults within our community.

Each event starts at 10:30 AM with entertainment for 1.5 hours, followed by a hot meal served at Noon. Each event is usually completed shortly before 1:00 PM.

Lunch is catered by the Golden Circle for \$8.00 and preregistration for each event is needed to accurately account for meals.

To encourage green living, each participant is encouraged to bring their own dishes and cutlery. 

As a way to encourage aging adults to participate in Community Dining, we offer Volunteer Drivers through the Golden Circle for pick up's and drop offs, before and after each Program.

Entertainment for Community Dining includes:

- ◇ Guest Speakers - AHS, Primary Care Network, Alzheimer Society, Central Alberta Crime Prevention Centre and many more have participated
- ◇ Musicians, Performers, Writers, Artisans
- ◇ A variety of Craft projects
- ◇ Light physically and mentally stimulating games and stretches

To register or for inquiries about our Community Dining Outreach Program, please contact Bonnie Lewis, the Golden Circle Outreach Program Coordinator.

Contact: Bonnie Lewis,
Community Outreach Program
Coordinator
Phone: (403) 343-6074 Ext 104
Email: blewis@goldencircle.ca

Current Locations

Barrett Kiwanis Place:

4809 - 34 St, Red Deer, Alberta
Open to Tenants only
2nd & 4th Thursday of each Month

Centennial Kiwanis Courts:

4702 - 33 St, Red Deer, Alberta
Open to Tenants only
1st & 3rd Tuesday of each month

Golden Circle Resource Centre:

4620 - 47 A Ave, Red Deer, Alberta
Open to the public,
Every Monday

Waskasoo Kiwanis Towers:

4810 - 54st, Red Deer, Alberta
Open to Tenants only
1st & 3rd Thursday of each month

Victory Church

98 Oberlin Ave, Red Deer, Alberta
Open to the public
2nd & 4th Tuesday of each month

